

Seamless Transition for Newly Diagnosed Type 1 and Type 2 Diabetes Patients

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July 14, 2025

Inpatient to Outpatient Care Flow

Seamless Transition for Newly Diagnosed Type 1 and Type 2 Diabetes Patients

Inpatient Phase:

- All newly diagnosed T1D/T2D pediatric patients(0-18) are seen and managed by Pediatric Endocrinology while inpatient
- Pediatric Endocrinology is consulted immediately upon diagnosis
- On-call providers are paged for care instructions and orders
- Patients remain in hospital ~2 days to complete diabetes education
- Quickfill Pharmacy provides glucose meter, test strips, lancets at discharge, all other supplies are picked up at local pharmacy

Discharge & Outpatient Scheduling:

- Families are contacted after discharge to book first outpatient appointment
- First visit scheduled within 2–3 business days

First Outpatient Visit

- Welcome visit with Dr. Prakasam and MA Diabetes Navigator – Juliana or Carol
- Navigator supports:
 - Enrollment in MHO
 - Referrals to PENS Team
 - Prescription review and school/FMLA forms
 - CGM placement - Social support tools (Sackid.com, Facebook, YouTube)
- Introduction about team: Dr. Prakasam, Dr. Nadgir, Dr. Skaria, Dr Jimenez, Carly Haaland PA, Joseph Karpel PA, Jessica Aguilar PA, Olga Yefremenkova NP; Viviana Gonzales RD

Ongoing Care & Family Engagement

- Weekly visits as needed, then every 2–3 months
- HbA1c every 3 months; annual labs
- PENS team: Nurses, Dietitians, Social Workers
- Annual education sessions and psychosocial support
- Family engagement: Sackid.com, Facebook, YouTube, Diabetes Reunion
- CCS support: renewals, SAR tracking, compliance Refills on supplies, pump, cgm
- After-hours urgent line: 916-426-1902